

SCUOLA DI MUSICA DI FIESOLE

FONDAZIONE – ONLUS

iscritta al n° 6 del Registro Regionale delle Persone Giuridiche Private

Aggiornamento: 3/10/2019

Course Programme for TRIENNIO ORDINAMENTALE CONTRABASS

ARTISTIC-DISCIPLINARY SECTOR CODE **CODI/04** - CONTRABASS

Field of study: METHODOLOGY OF INSTRUMENTAL TEACHING

YEAR 1

Hours	Credits	Mode of Verification	
18	2		EXAM

STUDY PROGRAMME:

❖ Preliminary topics that act as a general guide in education:

The question of “talent”;
Teaching as a social duty.

• **The figure of the teacher**

Self discipline;
Empathy;
Motivation for the teacher;
The possible roles;
Learning continues: imagine a school without a solution of continuity.

• **The student**

Preliminary topics:
1) Self esteem;
2) Determination and Motivation;

Ensemble music;
Growth;
Creativity;
Construction of personality.

• **Rapport with the family**

❖ Teaching :

The entrance exam;
The approach and the choice of a method;
The role of emotions;
Educate the brain;



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Movement as an inhibitory phenomenon for anxiety; Recognizing one's own emotions;
The unconventional repertoire;
Rhythm;
Strategies and study models in view of performance;
Flow;
Tension: a positive energy;
Dysfunctional thoughts;
Memory and personality development;
Memory and learning;
Techniques for relaxing;
Music and athletic performance.

❖ The lesson/ Techniques:

Reinforcing;
Imitation and imprinting;
Verbalization;
Modelling;
Flesch's tripartite scheme;
The checklist (for the teacher);
The checklist (for the student).

❖ The practice of teaching:

The student will assist the teacher during the pre-academic and triennio lessons, with the intention to identify the technical and pedagogical problems and simultaneously resolve them.

EXAM PROGRAMME:

Oral exam on the subjects covered, integrated with a practical exam in the form of a lesson to be given to a student in the pre-academic course.

BIBLIOGRAPHY (To be determined):

Fundamental teaching texts for string instruments:

- Carl Flesch;
- Ivan Galamian;
- Kató Havas. Stage Fright;
- Dominique Hoppenot;
- Simon Fischer and the "Basics" and "Practice";
- Enzo Porta;
- Rolland and the total body action;
- Suzuki.